



爱特儿特刊

IDA Newsletter

2024

艺术愈疗 Healing Through Art

艺术治疗师来访爱特儿中心

Art Therapy Group at IDA



一群来自“醒海豚人”艺术疗愈中心”治疗师到来，为孩子们带来了一场充满欢笑的活动。短短的两小时以游戏和绘画让孩子们度过了愉快的时光，并画下了 2024 年最开心的事情。感谢这些治疗师们的陪伴和关爱，给孩子们带来了温暖与欢乐。

A group of Art Therapy Sdn Bhd came to IDA and bringing a joyful event for the youth and young adults with intellectually. Just two hours, through games and painting, we had a pleasant time and depicted the happiest moments of 2024. Appreciate to all therapists for bringing warmth and joy to the intellectually

CNY. 爱。 Love Reunion 庆团圆



爱特儿首次庆团圆，大家相约在 Sugar Melon Restaurant 享用美味的西式午餐。每位受邀的特殊障碍家人，志工老师，顾问管理层与支持爱特儿的朋友们都把自己打扮的漂漂亮亮出席午宴。一场难忘首次《爱。庆团圆》让大家享受在爱的团圆中，如一家人般的欢乐，也邀请了福音歌手 Lily 献唱新年歌，最后感谢善心人士分派新年礼物和红包给特殊青年。

It's a First CNY Reunion celebrated with intellectually disabled families, volunteers, teachers, Advisor Committee and IDA's supporters, at Sugar Melon Restaurant to enjoy a delicious Western-style CNY lunch. Everyone dressed up beautifully for the luncheon and this memorable first "CNY Reunion" bring everyone the joy of being together like a family, and also performance from singer sister Lily. Finally, appreciate given to the kind-hearted who give away New Year gifts and red Package (Ang Pao) to the special youth.

欢庆 新春

CNY Celebration

农历新年的喜庆氛围弥漫在 2323 茶餐室，老板娘 Miss Wong 以及其他善心的老板们为爱特儿和大马残障自立协会的各障碍们打造一个特别新春早餐，这让他们倍感欣喜。更令人惊喜的是，舞狮团的表演，老板们以慷慨的爱心为大家分派红包。让这个新年的早晨变得如此温馨而难忘。

An unforgettable CNY breakfast invited by 2323 restaurant. It brought a joyful day to all and enjoying a lion dance performance, red package (ang pao) blessing from the kind hearted person.





Amazing Advisory 公司到访 Visitation from Amazing Advisory

Amazing Advisory 公司来访，带来了许多物资与美味的新春午餐；和大家 享受在游戏中。同时，分享一个特别的特殊未来计划基金给予家长们，一个分享咨讯如何为孩子日后的打算。

Amazing Advisory company brought a lot of supplies and played games with everyone, sharing a special future plan for children in their future. After the sharing session, we enjoyed delicious food, and giving gifts and Ang pau to everyone.

CNY's 蒲种 Celebration @ Puchong

新春大团拜



雪州行政议员Yb 黄思汉邀请出席，蒲种区新春大团拜，活动现场非常热闹，有餐车，有舞狮，有唱歌表演，舞蹈表演，四川变脸。让大家欢庆在团拜中。



Attended the CNY's Celebration at Puchong Multipurpose Hall Invited by YB Ng Sze Han for this CNY celebration. The event was very lovely, with plenty of food trucks, lion dances, singing performances, dance performances.

好雇主总是让员工感到受到重视和赞赏。

志勤，学习上虽比常人缓慢，但对我们来说，他是一个聪明，懂得疼惜父母，且有能力像其他人一样在社会上工作的年轻人。爱特儿非常感谢公司对志勤的关心和爱护，并为有需要的人提供机会。



A Good Employer always make their employees feel valued and appreciated.

Chee Koon, a young adult with slow learner, but for us, he is a smart guy, he cares for his parents, he is capable to work as others in the society. IDA is so appreciated to the company staffs for their care and love to Chee Koon and give an opportunity to those who are in needs.



与微软公司合作进行电脑技能培训

Computer Skill training collaboration with Microsoft company



爱特儿与 Microsoft 公司联办了电脑系统知识培训，为来自不同障碍背景的 20 位青少年提供了学习机会。这些参与者来自私立学校，大马残障自立协会与爱特儿青年，简单的教学让他们掌握了基础操作和网络安全等知识，展现了强烈的学习热情和团结合作精神。这次活动不仅是一次学习机会，也是对包容和关爱的体现，为残障群体提供了更多展示自我的机会，推动社会进步与包容。

IDA collaborated with Microsoft to organize a comprehensive computer knowledge training program for 20 youths with disabilities from home school students, Malaysia Independent living society and IDA's centre. Through the training it empowering youths with disabilities through technology, and paving the way for greater inclusion and opportunity in the digital age.

拥抱多彩生命，共创共融社区

Embracing Colorful Lives, Building an Inclusive Community Together

爱特儿特殊协会在 2024 年下半年期间，积极举办并带领学员们参与各类社区活动，让学员们的生命显得格外多彩且别具意义。首先，在6月19日，为配合“2024年蒲种社区艺术节”，该协会参与筹办了“艺动起来”活动。该活动主要是让参与的特殊学员们为超过百只蝴蝶蝶艺术品上色，让他们尽情发挥艺术天赋。



During the second half of 2024, Intellectually Disabled Association Malaysia actively organized and led its members in various community activities, making their lives more vibrant and meaningful. On June 19, in conjunction with the "2024 Puchong Community Arts Festival," IDA was participated in making the "Art" to decorate the event. This initiative allowed special needs participants to unleash their artistic talents by painting over a hundred butterfly artworks.

接着，为了增进学员们与家人的感情，IDA 在 6 月 8-9 日 举办了一场为期两天一夜的“Beacon 家庭亲子营”。学员与家人在营会中融洽相处，增进了彼此的感情。



To strengthen the bond between members and their families, IDA held a two-day, one-night “Beacon Family Camp” from June 8 to 9. The event fostered closer relationships and meaningful interactions among participants and their loved ones.



此外，在 8 月 31 日和 9 月 16 日两个公共假期中，爱特儿在国庆日当天，带领学员们参加了由“灯塔特殊培训中心”(BLTC) 在斯蒂亚旺沙州体育馆举办的“以爱接力 你我同行”特殊儿童义跑活动。在马来西亚日当天，该协会受邀与加央睦邻协会及马来西亚残障自立协会 (MILAD) 共同参与相关组织举办的庆典活动，与各族同胞共襄盛举。当晚还特别安排了学员上台表演。



Furthermore, on August 31 and September 16—both national holidays— IDA guided its members in participating in the "Fun Walk Together" charity run for children with special needs. This event was hosted by the Beacon Light Training Centre (BLTC) at the Sports Complex on Malaysia's National Day. On Malaysia Day, IDA was invited to celebrate alongside the Kajang Neighbourhood Association and the Malaysian Independent Living Association for Disability (MILAD), joining in the festivities. That evening, a special stage performance featuring IDA's members was arranged.

同时，为了拓宽学员们的视野，爱特儿在 9 月期间组织了一次前往 Berly's 巧克力博物馆的活动。学员们在此次参访中受益匪浅。



To broaden their horizons, IDA organized a visit to the Berly's Chocolate Museum in September, providing participants with an enriching learning experience.

在 11 月期间，协会分别参与了两场义卖活动。第一场是 11 月 16 日在 KL Gateway 举办的 IBU Bazaar；第二场是 11 月 30 日及 12 月 1 日在鬼仔举办的“KL Chinatown Festival”之“Kari Pop Market”义卖活动。为配合嘉年华主题，现场充满了浓厚的复古风情，令人流连忘返。

In November, the association participated in two fundraising bazaars. The first was the IBU Bazaar, held at KL Gateway on November 16, while the second took place on November 30 and December 1 at the “Kari Pop Market” during the KL Chinatown Festival in Kwai Chai Hong. The festive event embraced a nostalgic, retro atmosphere, leaving a lasting impression on visitors.



12月，为纪念“2024年国际残疾人日”，IDA 于12月7日和8日在 IOI Mall Puchong 举办了一场特别活动。活动内容丰富多彩，包括成员表演、各组织设立的服务摊位、残障人士卡拉OK比赛，以及独特的时装秀，旨在提升公众对不同类型残疾的认识与关注。



In December, to commemorate the "2024 International Day of Persons with Disabilities," IDA hosted a special event at IOI Mall Puchong on December 7 and 8. The program featured performances by members, service booths from various organizations, a karaoke competition for individuals with disabilities, and a unique fashion show, all aimed at raising public awareness about different types of disabilities.



此外，12月15日，IDA 联同东陵神学院和全备福音商业协会，在 Jln Belatok 多功能礼堂举办了一场温馨的“爱的礼物”圣诞庆祝活动。参与者的家属也受邀一同参加庆典，现场设有丰盛的宴席、精彩的表演节目，以及热闹的交换礼物环节。值得一提的是，本次活动得到了神学院和教会成员的大力支持，确保了活动的圆满成功。

Additionally, on December 15, IDA in collaboration with Tung Ling Seminary and Full Gospel Business Man, organized a heart-warming "Gift of Love" Christmas celebration at the Jln Belatok Multipurpose Hall. Family members of participants were also invited to join in the festivities, which included a banquet, entertaining performances, and a lively gift exchange session. Notably, the event received support from a seminary and church members, ensuring its successful execution.

自立生活课程

Independent Living Program



为了让特殊障碍学员学习自立生活，爱特儿特殊协会不定期开设课程，教授学员们烹饪各类简单食材。通过亲身参与烹饪过程，学员们不仅学到了技能，还享受到了成功的喜悦。

在 2024 年下半年期间，学员们参加了多项烹饪课程，学习了如何制作紫菜蛋花汤、ABC 汤、早餐如迷你汉堡、冲泡饮料、煎鸡蛋面包，以及动手削苹果和剥橘子等。

在每次的自立烹饪课程中，学员们不仅掌握了简单的烹饪技巧，还因亲手制作出美味的食物而感到满足。这些过程不但帮助学员锻炼双手的灵活度，更能帮助学员自立立人。

To equip individuals with special needs with essential life skills, IDA periodically conducts courses focused on independent living. These sessions teach participants how to prepare simple meals, enabling them to gain both practical skills and a sense of accomplishment through hands-on cooking experiences.

During the second half of 2024, participants attended several cooking classes where they learned to prepare dishes such as seaweed soup, ABC soup, mini hamburgers for breakfast, instant beverages, pan-fried egg toast, as well as basic skills like peeling apples and oranges.

Each cooking session not only helped participants develop fundamental culinary skills but also provided them with a sense of fulfillment from creating their own meals. These activities enhanced their hand dexterity and, more importantly, empowered them to live more independently.

爱特儿特殊协会在2024年下半年期间，曾开办多场艺术课程并带领学员们参与社区的艺术活动，旨在通过艺术学习提升特殊障碍学员的创造力、想象力、专注力及耐心等。学员们参与的艺术活动及课程包括涂色、剪纸、练习写字及制作鸡蛋盒花朵等。同时，学员们在参与过程中尽情发挥他们的创造力和想象力，并通过各类课程学习掌握不同的创作技巧，例如使用水彩笔和通过蜡笔涂色来认识各种颜色等。

艺术工作坊

Art Workshop



Every year IDA will conduct multiple art workshops and led participants in various community art activities. These initiatives aimed to enhance the creativity, imagination, focus, and patience of individuals with special needs through artistic learning. Participants engaged in a range of artistic activities and courses, including colouring, paper cutting, handwriting practice, and creating floral crafts from egg cartons. Throughout these sessions, they were encouraged to unleash their creativity and imagination while developing different artistic techniques, such as using water color markers and exploring color blending through crayon shading. These workshops provided participants with a platform for artistic expression while strengthening their fine motor skills and appreciation for art.

为协助更多特殊障碍人士找到合适的工作，爱特儿特殊协会于 2024 年 6 月 17 日参与了由马来西亚人力资源部及马来西亚社会保险机构联合举办的“Job Care Selangor”就业配对活动。

同时，该协会也通过参与相关活动，提高公众对特殊障碍群体的认识，并为有需要的人士提供职业配对协助。此外，爱特儿特殊协会旨在为特殊障碍人士提供职业培训。

为此，该协会欢迎 年龄介于 15 至 35 岁、患有唐氏综合症、注意力缺陷多动障碍（过动症）、自闭症及中等以上学习迟缓障碍的人士加入协会并接受职业培训。

To assist individuals with special needs in securing suitable employment, IDA participated in the "JobCare Selangor" job-matching event on June 17, 2024. This event was jointly organized by the Malaysian Ministry of Human Resources and the Pertubuhan Keselamatan Social (Perkeso).

In addition to providing direct employment support, IDA actively engages in such initiatives to raise public awareness about individuals with special needs and to offer job-matching assistance to those seeking employment opportunities.

Furthermore, IDA is committed to providing vocational training for individuals with special needs. The association welcomes individuals aged 15 to 35 with conditions such as Down syndrome, autism, and moderate to severe learning disabilities to join the program and receive professional training tailored to their needs.