

“拥抱多彩生命，共创共融社区”

爱特儿 2024 年下半年活动回顾

“Embracing Colorful Lives, Building an Inclusive Community Together” — IDA's 2024 Second-Half Activity Review



During the second half of 2024, Intellectually Disabled Association Malaysia actively organized and led its members in various community activities, making their lives more vibrant and meaningful.

On June 19, in conjunction with the "2024 Puchong Community Arts Festival," IDA was participated in making the "Art" to decorate the event. This initiative allowed special needs participants to unleash their artistic talents by painting over a hundred butterfly artworks.



爱特儿特殊协会在 2024 年下半年期间，积极举办并带领学员们参与各类社区活动，让学员们的生命显得格外多彩且别具意义。

首先，在 6 月 19 日，为配合“2024 年蒲种社区艺术节”，该协会参与筹办了“艺动起来”活动。该活动主要是让参与的特殊学员们为超过百只蝴蝶艺术品上色，让他们尽情发挥艺术天赋。

接着，为了增进学员们与家人的感情，该协会 6 月 8-9 日举办了一场为期两天一夜的“Beacon 家庭亲子营”。学员与家人在营会中融洽相处，增进了彼此的感情。



To strengthen the bond between members and their families, IDA held a two-day, one-night “Beacon Family Camp” from June 8 to 9. The event fostered closer relationships and meaningful interactions among participants and their loved ones.

此外，在 8 月 31 日和 9 月 16 日两个公共假期中，该协会在国庆日当天，带领学员们参加了由“灯塔特殊培训中心”（BLTC）在斯蒂亚旺沙州体育馆举办的“以爱接力 你我同行”特殊儿童义跑活动。在马来西亚日当天，该协会受邀与加央睦邻协会及马来西亚残障自立协会（MILAD）共同参与相关组织举办的庆典活动，与各族同胞共襄盛举。当晚还特别安排了学员上台表演



Furthermore, on August 31 and September 16—both national holidays—IDA guided its members in participating in the "Fun Walk Together" charity run for children with special needs. This event was hosted by the Beacon Light Training Centre (BLTC) at the Sports Complex on Malaysia's National Day. On Malaysia Day,

IDA was invited to celebrate alongside the Kajang Neighbourhood Association and the Malaysian Independent Living Association for Disability (MILAD), joining in the festivities. That evening, a special stage performance featuring IDA's members was arranged.



同时，为了拓宽学员们的视野，该协会在 9 月期间组织了一次前往 Berly's 巧克力博物馆的活动。学员们在此次参访中受益匪浅。



To broaden their horizons, IDA organized a visit to the Berly's Chocolate Museum in September, providing participants with an enriching learning experience.

In November, the association participated in two fundraising bazaars. The first was the IBU Bazaar, held at KL Gateway on November 16, while the second took place on November 30 and December 1 at the “Kari Pop Market” during the KL Chinatown Festival in Kwai Chai Hong. The festive event embraced a nostalgic, retro atmosphere, leaving a lasting impression on visitors.

在 11 月期间，该协会分别参与了两场义卖活动。第一场是 11 月 16 日在 KL Gateway 举办的 IBU Bazaar；第二场是 11 月 30 日及 12 月 1 日在鬼仔举办的“KL Chinatown Festival”之“Kari Pop Market”义卖活动。为配合嘉年华主题，现场充满了浓厚的复古风情，令人流连忘返。



到了 12 月，为配合“2024 年国际残障人士日”，该协会于 12 月 7 日及 8 日在蒲种 IOI 广场主办了一场别开生面的国际残障人士日。当天除了有学员上台表演外，还设有各不同机构服务与残障人士卡拉 OK 歌唱比赛，特殊服装秀，乃提升社会对各不同障碍者的醒



In December, to commemorate the "2024 International Day of Persons with Disabilities," IDA hosted a special event at IOI Mall Puchong on December 7 and 8. The program featured performances by members, service booths from various organizations, a karaoke competition for individuals with disabilities, and a unique fashion show, all aimed at raising public awareness about different types of disabilities.

此外，在 12 月 15 日，该协会于 Jln Belatok 多用途礼堂与东岭，蒲种福音团契联办了一场温馨又欢乐的“爱的礼物”。除了学员外，协会还邀请了学员们的家人一同出席，共庆圣诞节。现场除了设宴招待外，还准备了精彩的余兴节目和一系列表演供大家观赏。最令人兴奋的环节是礼物交换。值得一提的是，此次活动还得到了神学院及教会会友的协助，确保了活动的成功举办。



Additionally, on December 15, IDA in collaboration with Tung Ling Seminary and Full Gospel Business Man, organized a heart-warming "Gift of Love" Christmas celebration at the Jln Belatok Multipurpose Hall. Family members of participants were also invited to join in the festivities, which included a banquet, entertaining performances, and a lively gift exchange session. Notably, the event received support from a seminary and church members, ensuring its successful execution.

自立生活课程 为了让特殊障碍学员学习自立生活，爱特儿特殊协会不定期开设课程，教授学员们烹饪各类简单食材。通过亲身参与烹饪过程，学员们不仅学到了技能，还享受到了成功的喜悦。

在 2024 年下半年期间，学员们参加了多项烹饪课程，学习了如何制作紫菜蛋花汤、ABC 汤、早餐如迷你汉堡、冲泡饮料、煎鸡蛋面包，以及动手削苹果和剥橘子等。

在每次的自立烹饪课程中，学员们不仅掌握了简单的烹饪技巧，还因亲手制作出美味的食物而感到满足。这些过程不但帮助学员锻炼双手的灵活度，更能帮助学员自立立人。



Independent Living Program

To equip individuals with special needs with essential life skills, IDA periodically conducts courses focused on independent living. These sessions teach participants how to prepare simple meals, enabling them to gain both practical skills and a sense of accomplishment through hands-on cooking experiences.

During the second half of 2024, participants attended several cooking classes where they learned to prepare dishes such as seaweed soup, ABC soup, mini hamburgers for breakfast, instant beverages, pan-fried egg toast, as well as basic skills like peeling apples and oranges.

Each cooking session not only helped participants develop fundamental culinary skills but also provided them with a sense of fulfilment from creating their own meals. These activities enhanced their hand dexterity and, more importantly, empowered them to live more independently.

艺术工作坊

爱特儿特殊协会在 2024 年下半年期间，曾开办多场艺术课程并带领学员们参与社区的艺术活动，旨在通过艺术学习提升特殊障碍学员的创造力、想象力、专注力及耐心等。

学员们参与的艺术活动及课程包括涂色、剪纸、练习写字及制作鸡蛋盒花朵等。同时，学员们在参与过程中尽情发挥他们的创造力和想象力，并通过各类课程学习掌握不同的创作技巧，例如使用水彩笔和通过蜡笔涂色来认识各种颜色等。



Art Workshop

Every year IDA will conduct multiple art workshops and led participants in various community art activities. These initiatives aimed to enhance the creativity, imagination, focus, and patience of individuals with special needs through artistic learning.

Participants engaged in a range of artistic activities and courses, including colouring, paper cutting, handwriting practice, and creating floral crafts from egg cartons. Throughout these sessions, they were encouraged to unleash their creativity and imagination while developing different artistic techniques, such as using water color markers and exploring color blending through crayon shading.

These workshops provided participants with a platform for artistic expression while strengthening their fine motor skills and appreciation for art.

就业提供

为协助更多特殊障碍人士找到合适的工作，爱特儿特殊协会于 2024 年 6 月 17 日参与了由马来西亚人力资源部及马来西亚社会保险机构联合举办的“Job Care Selangor”就业配对活动。

同时，该协会也通过参与相关活动，提高公众对特殊障碍群体的认识，并为有需要的人士提供职业配对协助。

此外，爱特儿特殊协会旨在为特殊障碍人士提供职业培训。为此，该协会欢迎年龄介于 15 至 35 岁、患有唐氏综合症、注意力缺陷多动障碍（过动症）、自闭症及中等以上学习迟缓障碍的人士加入协会并接受职业培训。



Employment Support and Placement

To assist individuals with special needs in securing suitable employment, IDA participated in the "JobCare Selangor" job-matching event on June 17, 2024. This event was jointly organized by the Malaysian Ministry of Human Resources and the Pertubuhan Keselamatan Sosial (Perkeso).

In addition to providing direct employment support, IDA actively engages in such initiatives to raise public awareness about individuals with special needs and to offer job-matching assistance to those seeking employment opportunities.

Furthermore, IDA is committed to providing vocational training for individuals with special needs. The association welcomes individuals aged 15 to 35 with conditions such as Down syndrome, autism, and moderate to severe learning disabilities to join the program and receive professional training tailored to their needs.